



14 Princess Street, Macksville



FEEDING GROUP


Based on SOS Approach to Feeding



SCHOOL HOLIDAYS

REACH OUT TODAY

Website:




<https://lifetimeconnect.org.au/service/therapy-and-education-support-services/>

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THERAPY AND EDUCATION
SUPPORT SERVICES



How do you know if your child might be a good fit?

-  Diet range is only 20-30 foods
-  Refuse to try new foods
-  Avoid all foods within a specific texture or food group
-  Won't touch, look at, smell or tolerate foods at the table
-  Stop eating some of their preferred foods
-  "Fall apart" at mealtimes (e.g. refuse to sit at table, cry, throw foods, gag, throw up etc.)
-  Poor weight gain or weight loss

How can Feeding Group help?

Feeding Group is a safe place to build a positive relationship with non-preferred foods and help your child expand their willingness to interact with a wider variety of foods. The group is run by trained Occupational Therapists, who specialise in supporting each child's sensory sensitivities and postural needs. The group social context helps normalise exploration of non-preferred foods and creates a fun atmosphere of play. Children will attend regular Feeding Groups and parents/carers will also receive support for family meals.

