

Occupational Therapy

Our team of OTs support children aged 0–15 years. We offer sessions at our centre, homes, schools and preschools. OTs help children build the skills and independence they need for everyday life, and look at the ‘whole’ person (i.e. skills, environment, activity). Therapy is tailored to each child’s unique needs and strengths, helping them thrive .

Various locations (e.g. Nambucca Heads, Macksville, Bowraville, Scotts Head, Kempsey, Port Macquarie, Wauchope, Thrumster, Lake Cathie, and more

Our services



Individual Therapy

We provide therapy across various facets of life: self-care, motor, social-emotional, regulation, cognitive, executive functioning, sensory processing, life skills, etc.



Group Programs

Our service runs a variety of programs on a needs-basis, such as Feeding Group, Learn to Play and social skills groups.



Assessments & Reports

We complete functional assessments and reports to summarise progress and advocate for your child’s needs.

We look forward to supporting you and your family!



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THERAPY AND EDUCATION
SUPPORT SERVICES